

Jain Paryushana Maha Parva & Samvatsari Pratikramana Programme

16 August – 23 August 2009

Date / Tithi (Lunch/Dinner)	Vyakhyan Topics / Event		Vyakhyan Time	Evening Pratikraman	Venue
Sat 15 Aug, Vad10	Paryushan Information		10:00-12:00		Masonic Hall - 124-126 Rowans Road, Moorabbin , Melway Ref 77, H7 PT: Highett Train station
Sun 16 Aug, Vad 11 L - 12:15-13:15 ▲ D - 16:45-17:45 ▲	<u>Morning</u>	Snatra Pooja	10:00-12:00		
	<u>Afternoon</u>	Paryushana specific 5 Kartavyas	13:30-16:30		
		Aarti / Bhavana	19:30-22:00	18:30-19:30	
Mon 17 Aug, Vad 12	Varshik 11 Kartavyas		19:30-22:30	18:30-19:30	
Tue 18 Aug, Vad 13	Dainik 6 Kartavyas		19:30-22:30	18:30-19:30	Kingston Arts Centre Workshop 1, Ground Floor 979 Nepean Hwy, Moorabbin Melway Ref 77, D5 PT: Moorabbin Train station
Wed 19 Aug, Vad14 PAKKHI PRATIKRAMANA	<u>Morning</u>	Gnan-Puja (Ashta-prakari Pooja of Kalpasutra) – at Derasar	07:30-08:00		
	<u>Evening</u>	Mahavir Swami's past 26 bhava	20:30-22:30	18:30-20:30	
Thu 20 Aug, Vad 30	Mahavir Swami's first 2 kalyanakas & Darshan of 14 Swapna		19:30-22:30	18:30-19:30	
Fri 21 Aug, Sud 1	Mahavir Swami's next 3 Kalyanakas		19:30-22:30	18:30-19:30	
Sat 22 Aug, Sud 2 L - 12:30-13:30 ▲ D - 16:45-17:45 ▲	<u>Morning</u>	Life of 23 Tirthankars	10:00-12:30		
	<u>Afternoon</u>	Janma-Mahotsava (14 Swapana & Parana)	13:30-16:30		
		Bhavana	19:30-21:30	18:30-19:30	
Sun 23 Aug, Sud 4	<u>Morning</u> 07:30-08:30	Gnan-Puja (Ashta-prakari Pooja of Kalpasutra) at derasar	As a respect to fellow Jain members, please arrive in time. Recommended arrival time is 12:30.		
	<u>Afternoon</u>	SAMVATSARI PRATIKRAMANA START – 13:00 SHARP			
	<u>Evening</u> 18:30-19:30	Arti/Mangal Divo/Angi Darshan			
Mon 24 Aug, Sud 5 B – 08:00-09:00 ▲	Samooch Parna Navkarshi		-	-	Masonic Hall - 124-126 Rowans Road, Moorabbin , Melway Ref 77, H7

DAILY MORNING PRATIKRAMANA will be held from 6:00am to 7:00 am (16 August to 24 August) at Nitin Doshi's residence : **3 Rice Street, Moorabbin, VIC 3189, Melway Ref 77, G7**

Location Guide

Kingston Arts Centre, Oakleigh Hall, Clayton Hall – Train Station mentioned with **PT:** remark are at walking distance.
Masonic Hall - Please let us know if you would like to be picked up from the nearest stations (**Highett** Station on Frankston line).

▲ APPROPRIATE MEAL WILL BE PROVIDED.

TO HELP US PLAN MEALS, PLEASE RSVP ON OUR WEBSITE – www.melbournejainsangh.org

FOR UP TO DATE INFORMATION PRIOR TO EVENT

Please visit us on www.melbournejainsangh.org

You can also view the pachchakkhan and daily sunrise, navkarshi, sunset timings on website.

**THIS PROGRAMME IS ORGANISED BY
MELBOURNE SHWETAMBER JAIN SANGH Inc.
ALL ARE INVITED AND ENCOURAGED TO ATTEND.**

GENERAL NOTES:

Daily Pratikramana:

- During the Paryushana, Ideally one shall perform 17 pratikramanas - Morning & Evening pratikramana during the 8 days of Paryushana and morning pratikramana on Monday, 24th August.
- Anyone performing evening Pratikramana can't eat after sunset.
- Anyone performing morning pratikramana must have stopped eating prior to midnight.

General Notes about Food during Paryushana:

- During Paryushana, one shall confine food intake between Navkarshi & Sunset time and avoid eating root vegetables (& possibly green vegetables as well).
- Anyone performing any tapasya (Ekasanu, Biyasanu, Upvas, Aayambil) must drink boiled water and food between Navkarshi & Sunset time only. It is also important to take appropriate pachchakkhan

Event Specific Notes:

- **Boiled Water:** For every event, arrangement will be made for boiled drinking water for those who are fasting (Ekasanu, Biyasanu, Upvas, Aayambil).
- **Katasana and other gears:** Please bring your own katasana and other things those who have. We have made arrangements for all those who do not have.
- **Prabhavana:** Members wishing to take opportunity to provide prabhavana during this Paryushana, please give your names to any committee members prior to event.
- **Donations:** Members wishing to make donations during the Paryushan please enclose it in an envelope with your name and address/ or anonymous and drop it in the donation box on the day of the event.

Management committee reserves the right to amend any of the above programmes, should circumstances change, without advance notice.

CONTACT DETAILS OF COMITTEE MEMBERS

Nitin Doshi	(H) 9555 2439 (M) 0414 998 340
Jaydeep Sutaria	(H) 8682 8812 (M) 0422 625 555
Kunal Shah	(H) 9837 5464 (M) 0422 179 150
Jitendra Bhansali	(H) 9571 7798 (M) 0433 213 319